1. **Modern Boxing Sports Performance** (Riverside, Tyler St):

* Boxing:
  + Price
    - x
  + Schedule for Boxing classes:
    - Monday - Saturday: 7:00AM - 9:00PM
* Phone Number: (951) 729-6700

1. Blackbeard Kickboxing (Riverside, Indiana Ave Suite 2):

* Kickboxing:
  + Muay Thai/Kickboxing 2x week (8 group classes = 1 month)
    - ***$80.00 / month* + 8.75% Tax**
  + Muay Thai/Kickboxing Unlimited group classes
    - ***$130.00 / month* + 8.75% Tax**
  + Schedule for group classes:
    - Mon / Tues / Wed/ Thurs / Fri:
      * 9:00AM – 10:00AM & 7:00PM – 8:00PM
* Phone Number: (951) 373 – 8080
* **Ask what time to show up for a trial class.**

1. United Boxing Academy

* 3 months pre-paid - $300
* Uniforms mandatory:
  + Boxing t-shirt - $15
  + Boxing shorts - $60
* Schedule:
  + Mon/Tues/Thurs 7:30PM – 9:30PM

1. Icon MMA (Moreno Valley, Sunnymead):

* **$125/month**
* 6:00pm
* Mon - Thu
* Phone Number: (951) 941-4266

Start off with only Boxing or Kickboxing for a couple months then learn Grappling

For Grappling learn:

* Judo
  + *Find a Judo gym that covers clinch and groundwork*
  + *If using orthodox boxing stance, learn Judo left handed*
* Gracie Ju-Jitsu
  + *That covers self-defense*
* No-Gi Grappling
* Greco-Roman Wrestling

If learning Kickboxing:

* Dutch Kickboxing or MMA Kickboxing